



Introducing the  
Health in HIPPIY Homes  
Project

# Health in HIPPY Homes Project Partnership



PROUD HOME OF THE  
HIPPY PROGRAM IN CANADA



CIWA  
*Calgary Immigrant Women's Association*

UNIVERSITY  
of GUELPH



University  
of Victoria

# The Health in HIPPY Homes Project

is comprised of 3 studies:

## COVID-19 Study



Participants: Home Visitors from CIWA, mothers from household study, HIPPY Coordinators, MMC Staff

## HIPPY Household Study



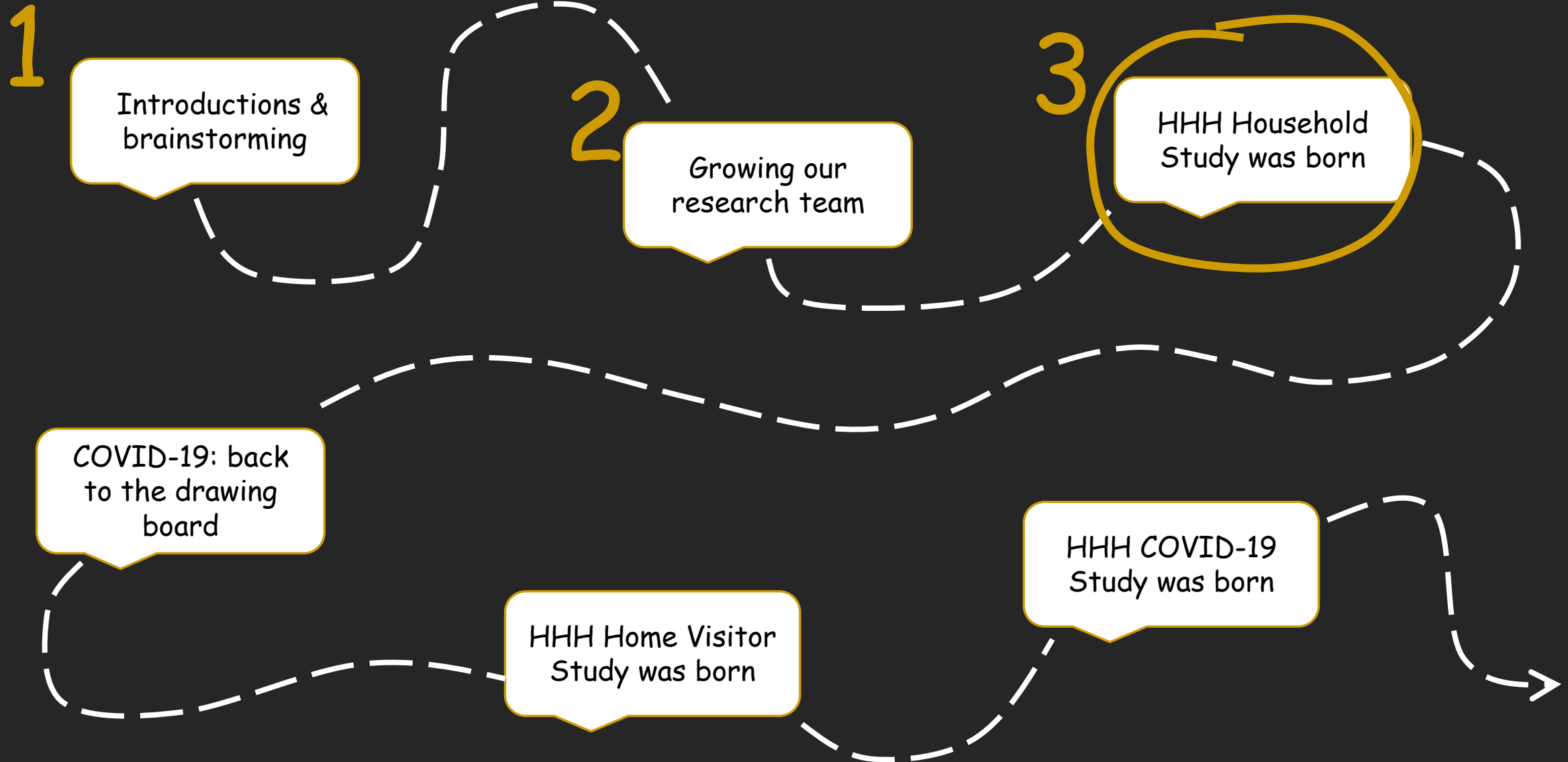
Participants: HIPPY mothers from refugee and refugee claimant households in Calgary

## Home Visitor Study



Participants: Home Visitors from Calgary Immigrant Women's Association (CIWA)

# HHH Project Timeline:



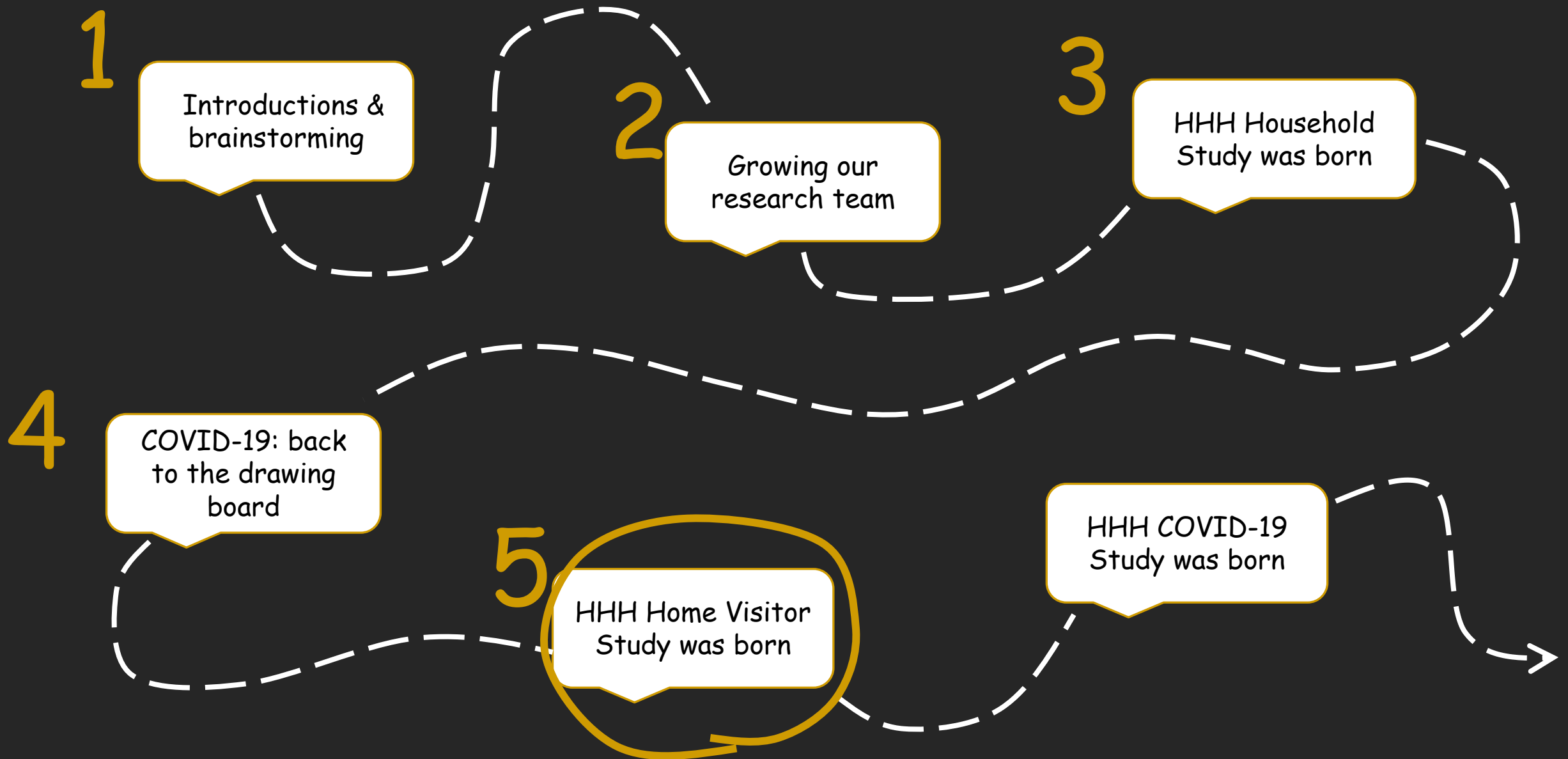
# HHH Household Study...

- ✓ Participants include refugee and refugee claimant mothers in Calgary who are currently enrolled in HIPPI through CIWA
- ✓ Data collection methods include: household survey, health questionnaires, in-depth interviews, and participatory or arts-based activities with participating mothers

Specifically, our household study will seek to better understand:

- ✓ Household characteristics and decision-making processes, physical health, mental health, food security, maternal confidence, and perceived wellbeing
- ✓ How various social, gender, and environmental factors and processes in the family and community impact health and wellbeing during resettlement in Calgary
- ✓ The influence of HIPPI participation on refugee mothers' and families wellbeing and resilience during resettlement in Calgary

# HHH Project Timeline:



# HHH Home Visitor Study...

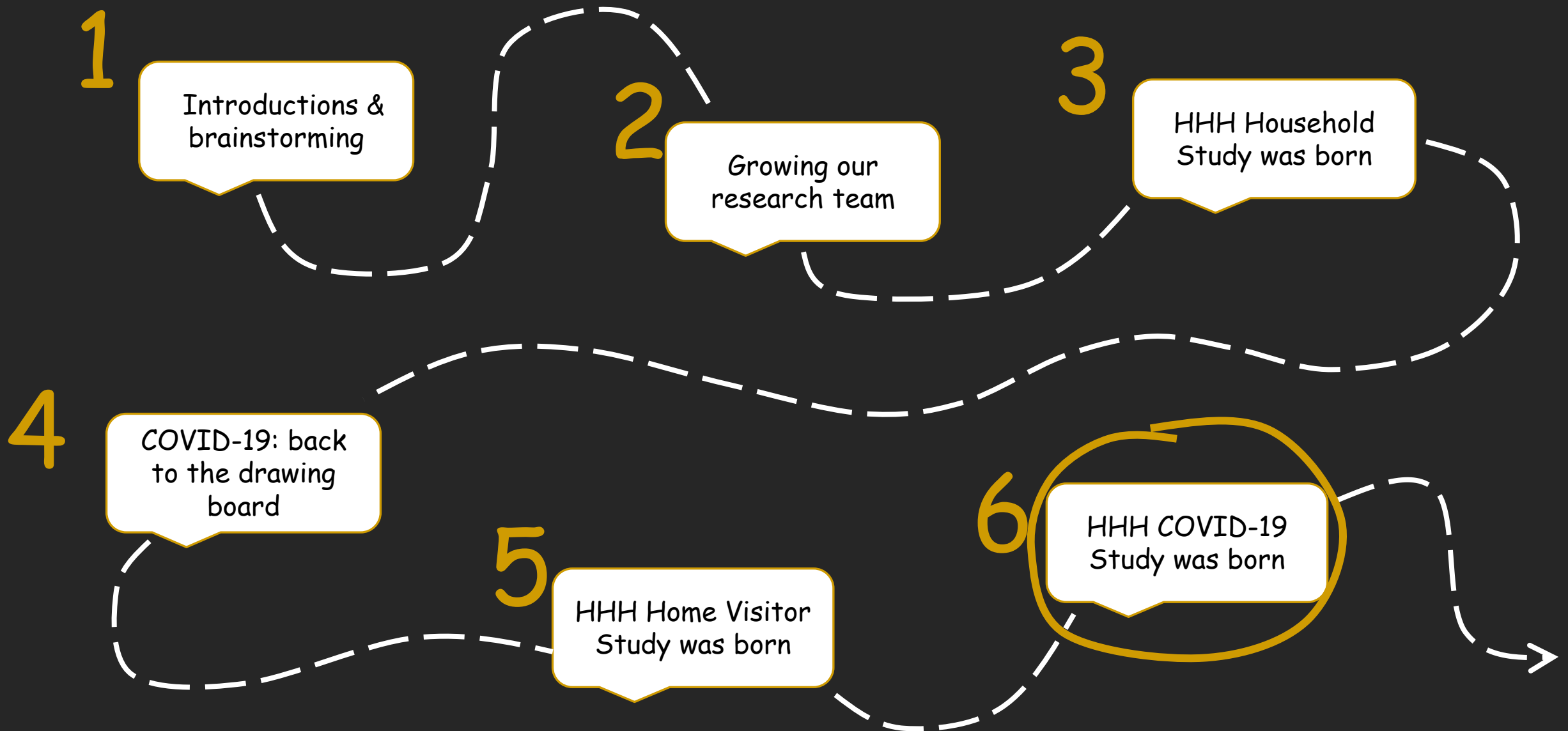
- ✓ Participants include HIPPIY Home Visitors at CIWA
- ✓ Data collection methods include: household survey, health questionnaires, and in-depth interviews with participating HVs

Specifically, our Home Visitor study will seek to:

- ✓ Explore the employment experiences of HIPPIY Home Visitors
- ✓ Identify potential impacts of employment as a Home Visitor, in terms of economic or social empowerment, skill development, and/or maternal confidence

... In order to better understand if and how employment in HIPPIY influences the wellbeing of Home Visitors

# HHH Project Timeline:





# HHH COVID-19 Study...

- ✓ Participants include participating mothers from household study, HIPPY Home Visitors from CIWA, HIPPY coordinators across Canada, and select MMC staff
- ✓ Data collection methods include:
  - ✓ In-depth interviews with participating mothers and Home Visitors
  - ✓ Online surveys and semi-structured interviews with Coordinators and MMC staff

Specifically, our COVID-19 study will seek to:

- ✓ Explore impacts of the COVID-19 crisis and on wellbeing and access to resources of refugee households in Calgary, Alberta
- ✓ Investigate how participation in HIPPY influences resilience and adaptation amongst participating HHH refugee households during the COVID-19 crisis
- ✓ Explore the experiences of HIPPY facilitators in adapting and responding to the COVID-19 crisis

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Home Visitor research training & group planning

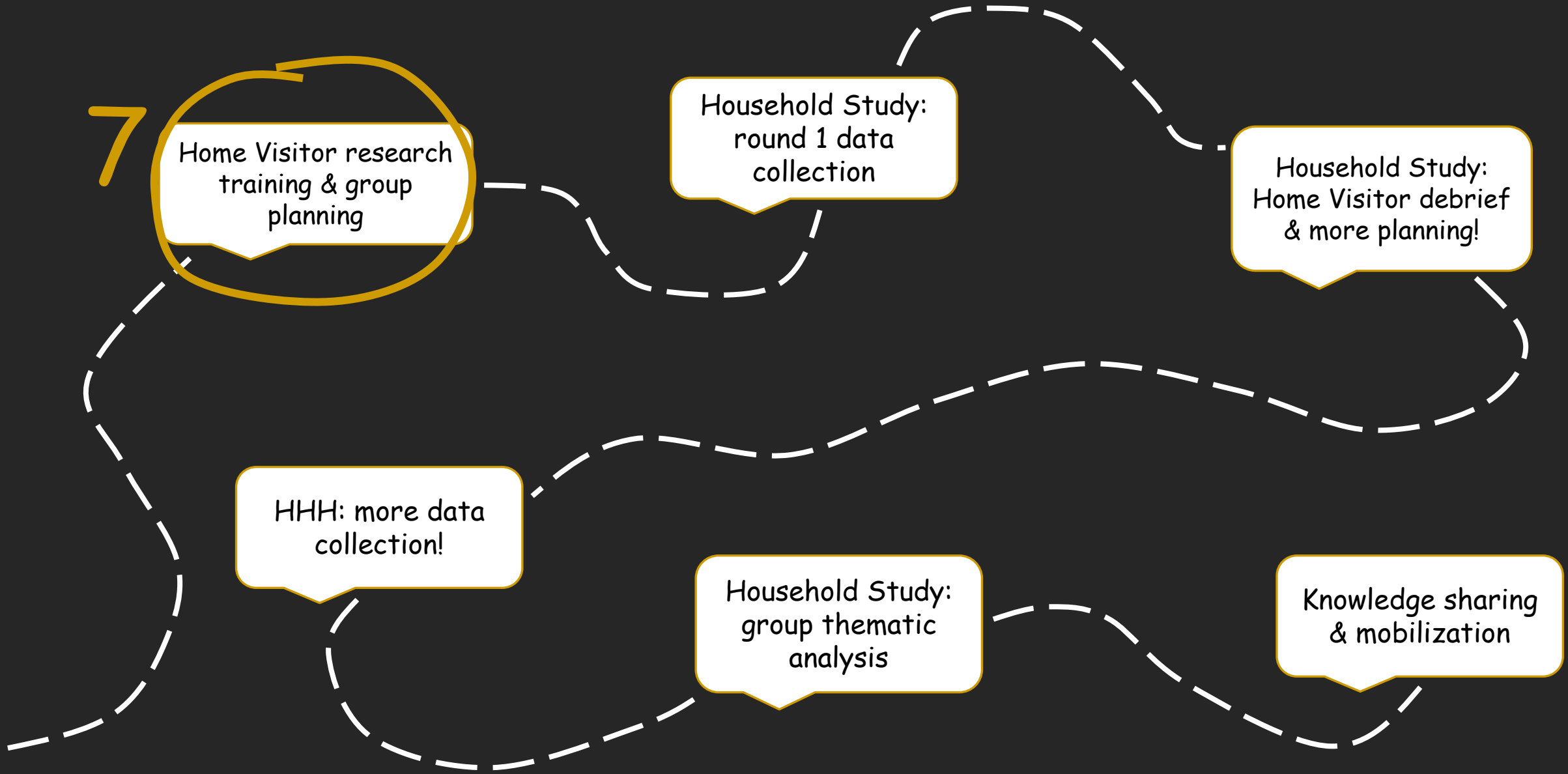
Household Study: round 1 data collection

Household Study: Home Visitor debrief & more planning!

HHH: more data collection!

Household Study: group thematic analysis

Knowledge sharing & mobilization



# Home Visitor Research Training Workshops

- ✓ Home Visitors participated in 7 hours of research training for their role as community researchers for the HHH Household Study
- ✓ Team brainstorming and planning around how to best facilitate data collection were integrated throughout training workshops

The inclusion and role of Home Visitors as community researchers in the Household Study has been hugely important:

- ✓ For participants' trust, comfort, and transparency
- ✓ For managing and mitigating ethical concerns

As well as hopefully a positive and beneficial experience for the Home Visitors!

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Home Visitor research training & group planning

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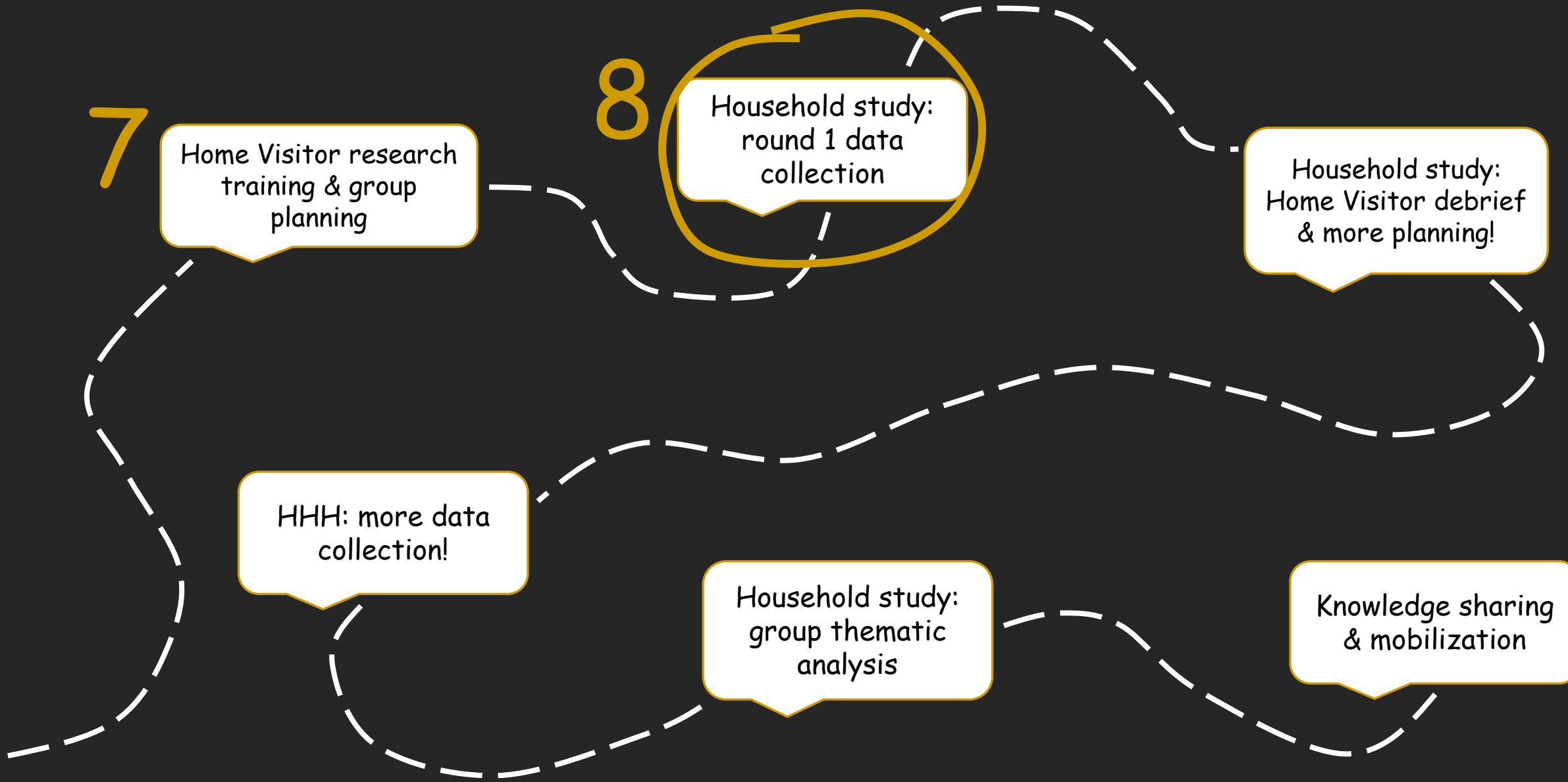
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# HHH Household Study

Some  
preliminary  
themes...

## Health and healthcare:

- ✓ Experiences of inclusivity versus insensitivity: the roles of language and social networks
- ✓ Hand in hand: agency and wellbeing

## Motherhood, family, and wellbeing:

- ✓ Erosion of maternal support systems widely discussed
- ✓ Social and cultural factors influence parental and maternal confidence

## Health and HIPPY during COVID-19

- ✓ COVID-19 exacerbates prominent resettlement challenges

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Home Visitor research training & group planning

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Household study: round 1 data collection

We are currently here

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Household study: Home Visitor debrief & more planning!

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HHH: more data collection!

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Household study: group thematic analysis

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Knowledge sharing & mobilization



Thank you for your  
time!