

COURAGE TO HEAL: A PATH FOR MEN

Webinar



October 22, 2024, 10.00 AM -12:00 PM PT

Join us at our virtual webinar to learn to break the stigma and encourage men to seek the support and services they need. We will explore vital mental health and relationship resources designed specifically for immigrant and refugee men in Canada. Together, let's start the journey to healing and well-being.

[**REGISTER NOW**](#)



Briana Miller

Coordinator, GBV Prevention
YMCA Centre, Halifax



Taylor Demetriooff




Bilingual Program Manager
White Ribbon



Baldev Mutta

Consultant & Counselor

Participants will learn about:

-  Available mental health and relationship support services in Canada.
-  Culturally appropriate tools to engage refugee and immigrant men to safely access support and services.
-  Insights on breaking the stigma for men to seek help.

SPEAKERS



BRIANA MILLER

**Coordinator, Gender-Based Violence Prevention Program
YMCA Centre for Immigrant Programs in Halifax**

Briana Miller (she/her) is the Coordinator of the Gender-Based Violence Prevention Program at the YMCA Centre for Immigrant Programs in Halifax and the Coordinator of the National GBV Strategy for Agencies Serving Immigrants Champion Network. She was also part of initiating the first 2SLGBTQIA+ program at her organization for newcomers. Briana also previously was the Co-Youth Engagement Coordinator for the development of Nova Scotia's Sexual Violence Strategy. Briana is passionate about social justice and engaging people in collaborative conversations to create social and systemic change. Briana focuses on building the capacity of service providers in Nova Scotia and Nationally around working with newcomers on the topic of gender-based violence and the power of collaboration. In her work she also provides interactive programming for newcomer youth, adults and families to raise awareness about GBV and also engage newcomers in prevention work through client-led actions. Briana believes that engaging men and boys is an essential part of the solution of GBV and that creating peer supportive spaces for men to engage and understand the root causes of violence and their role in GBV prevention.

Briana's work is deeply rooted in intersectional feminist, anti-racist, anti-oppressive and trauma informed practices. She focuses on creating safer spaces for voices to be amplified to inform the programs and services that are meant to serve them and to find collaborative solutions together across sectors, systems and communities.

SPEAKERS CONTINUED





BALDEV MUTTA
Consultant & Counselor

Baldev Mutta's life's journey has been a tapestry woven with threads of joy, sorrow, and resilience. In 1988, the winds of change whispered their secrets to Baldev, urging him to embrace a new path. Baldev heeded their call and ventured into the realm of social work and as a Community Development Officer at the Region of Peel - Health Department, he became a beacon of hope for those in need, a guardian of community well-being.

But Baldev's true calling awaited him in the creation of Punjabi Community Health Services (PCHS). In July 1990, he laid the foundation stones of this noble endeavor, pouring my heart and soul into its inception. And as the years unfurled their tapestry, Baldev watched with pride as PCHS blossomed into a ten-million-dollar agency, with several branches across Canada and abroad, a testament to the power of compassion and dedication.

Baldev retired as the CEO of PCHS on July 5, 2023, after 33 years of service to the community. He is still very active in community building and counselling. Baldev lives in Brampton with his three children and three grand children.



TAYLOR DEMETRIOFF (HE/HIM)
Bilingual Program Manager
White Ribbon

Taylor Demetriooff (he/they) is the Bilingual Program Manager at White Ribbon. Deeply rooted in manitou-bau | manitou-wapow | Manitoba, he has had the privilege of sitting and learning with many across Canada.

Starting in his career, Taylor developed a mental health and music program for teens struggling with their mental well-being called "Let It Out!" while studying at l'Université de Saint-Boniface. Spanning over a decade of working in the mental health field, Taylor has worked hard to bring positive programming and education to Canadian teens and adults.

More recently, Taylor has focused their energy on fostering meaningful relations with various communities to work collaboratively to see opportunities for another way of being while maintaining a deep love, respect, and appreciation for cultures.

As a father, Taylor is dedicated to showing himself and his little one that positive transformations are achievable through kindness, respect, and embracing a healthier way of life for all.